



SIMPLE RESOURCES

Winter 2013
Vol.2, Issue 1

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Cheryl L. Maloney

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**Help us preserve the
environment.**

**Please do not print
Simple Resources.**

All participants in this publication have provided hyperlinks to their pages, websites & twitter accounts. There is also an index in the back with complete contact links.

WHAT DO YOU NEED?

Every person receives their inspiration differently. Some benefit from what I offer, others need more spiritual or metaphysical direction. Still others are looking for a way to laugh, to create more happiness... to be still... to be at peace.

We've created *Simple Resources* to provide you with as many resources as we can gather including websites, blogs, internet radio stations, social media pages, twitter and businesses... all of which focus on the positive aspects of life. Each has paid a fee to participate so that we can provide this to you for free.

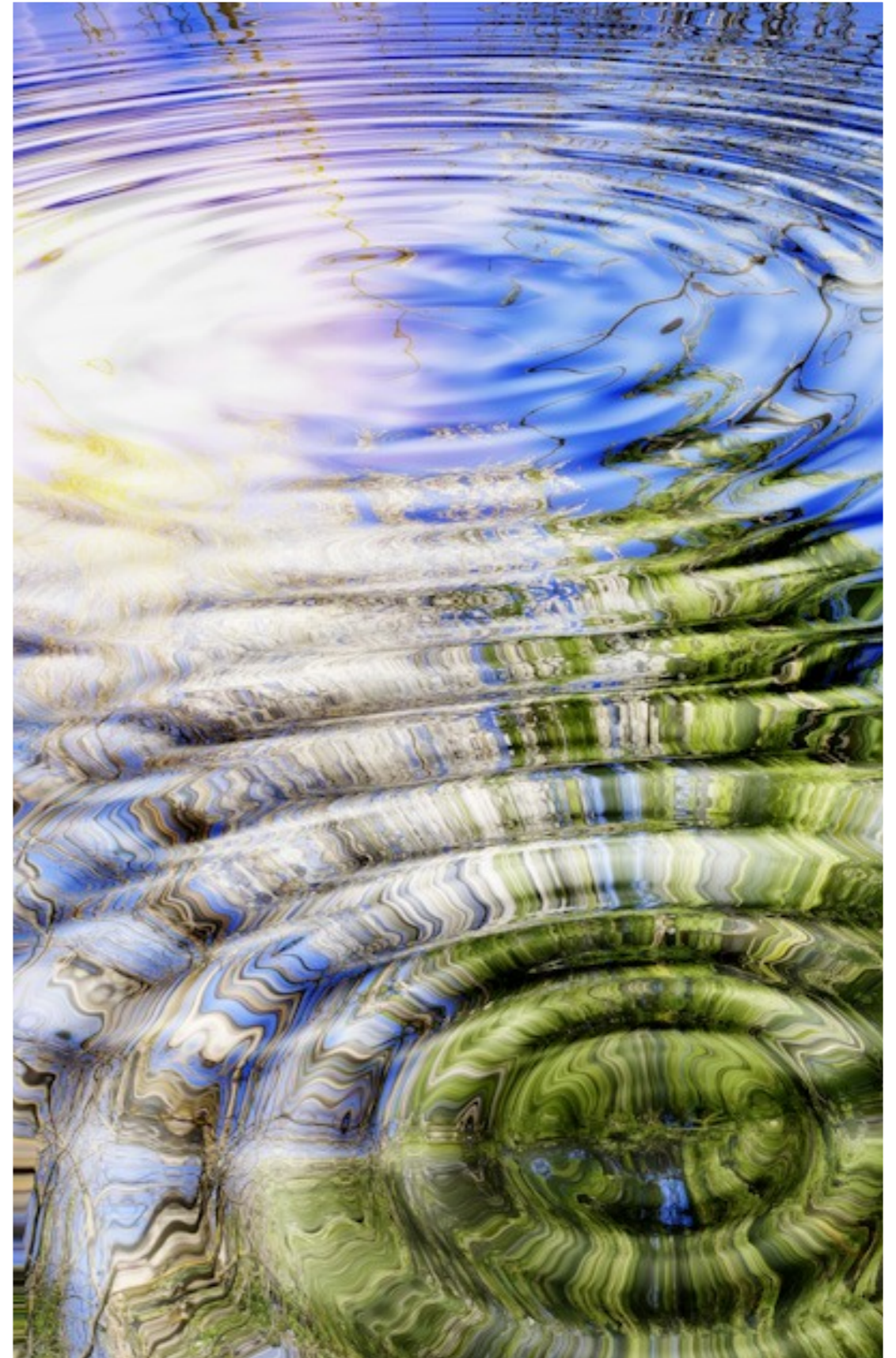
As you look through these wonderful resources we would like to gently remind you that it is up to you to explore further. This is *Simple Resources*. We do not advocate, recommend or sell to you. Any decision to purchase goods or services, to take the advice of a coach, counselor, page or person is totally your choice.

We hope that you will help spread the positivity far and wide by sharing *Simple Resources*.

With love,

Cheryl Maloney

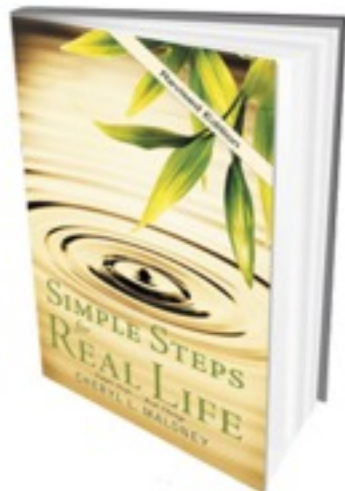
Simple Steps Real Change





Cheryl Maloney

#1 Bestselling
Author, Publisher,
Speaker, Coach
and Radio Talk
Show Host



Those who come to be inspired eventually inspire.

Simple Steps... Real Change, the website and Facebook page, are safe harbors where beliefs are respected, inspiration is shared and those who come know that they are not alone in their journeys.

COMING IN MARCH
SIMPLE STEPS REAL CHANGE
MAGAZINE

*Practical advice for real life...
by the voices of the next
generation of inspirational
leaders.*

Contact [Cheryl](#) for information on how to submit your work, become a sponsor or to advertise.

Website: [Simple Steps... Real Change](#)

Radio: [Simple Steps Real Change on Empower Radio](#)

Facebook: [Simple Steps Real Change](#)

Twitter: [@SimpleStepsRC](#)

E-mail: [Cheryl](#)

Telephone: 503-830-0587

[Calendar of Events](#)

Public appearances and
radio show guests.

Jack Maloney Photography



Spread The Light

Open your heart today. Be the love that builds the bridge and heals the pain. Spread the light that brightens the lives of all you meet. Go forward today with love for all and peace in your heart. Do it because you can.

- Cheryl Maloney -



The Moment

You hold the key to realizing your dreams. It's Simple. Be grateful for what you have, right now. When you appreciate your life, right now, with all of its beauty and challenges, you open a door to more. More happiness, more love, more people, more opportunities.

- Cheryl Maloney -

Website:

JackMaloneyPhotography

Facebook: [Simple Inspirations](https://www.facebook.com/SimpleInspirations)

Contact: [E-mail Jack](mailto:Jack@JackMaloneyPhotography)

Telephone: 503-746-4543

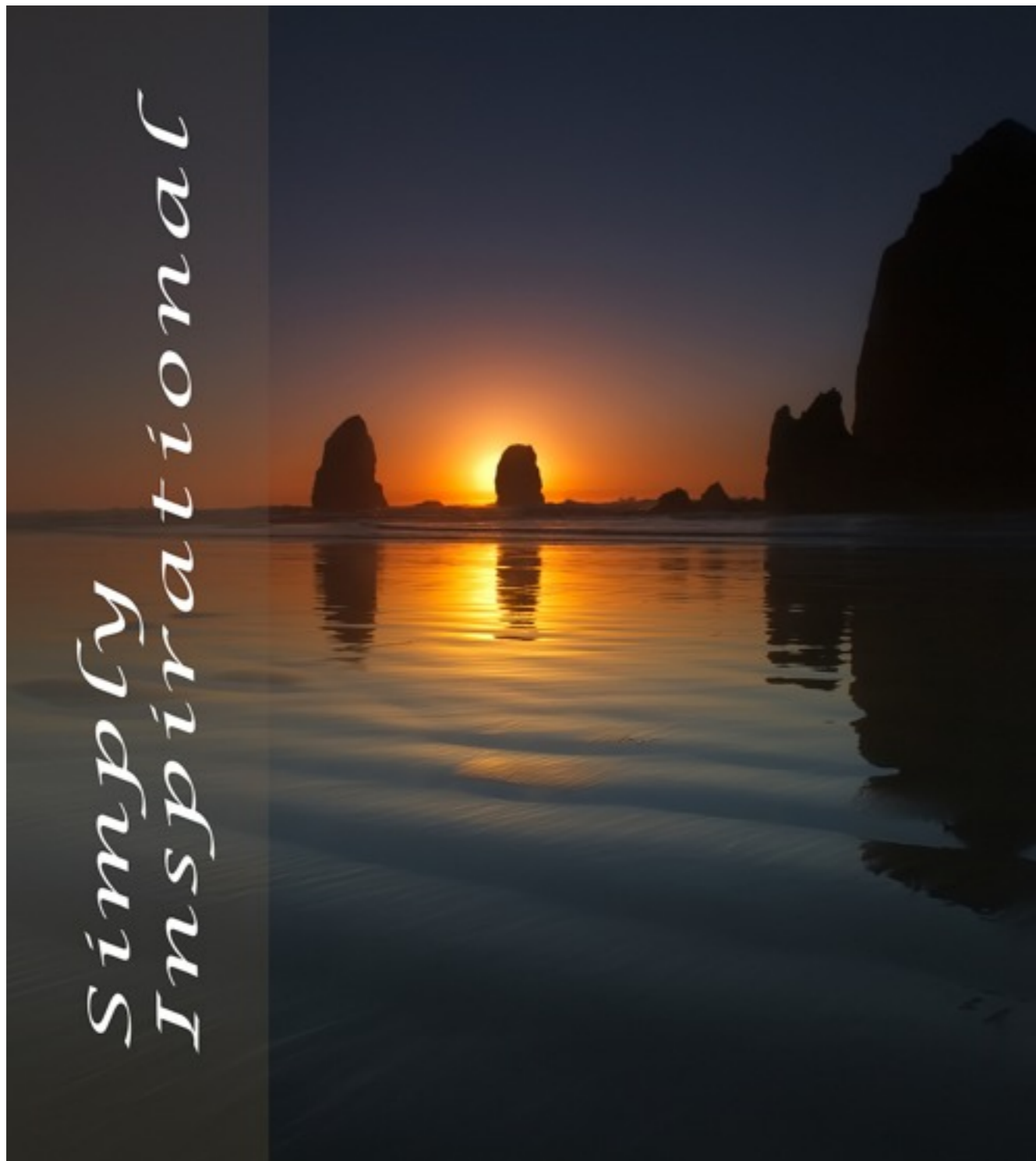
Simple Inspirations provides beautiful photography married with powerful messages to inspire and support you as we travel on this journey called life.

Photography - Jack Maloney

Quotes - Cheryl Maloney & Kenny Brixey

Photo quality prints and posters are available for purchase on our website. Click the link below to see our gallery of prints and pricing.

[Simple Inspirations Gallery](http://SimpleInspirationsGallery)



SIMPLY INSPIRATIONAL

Photography by Jack Maloney

Quotes by Cheryl Maloney

&

Kenny Brixey

Created by the founders of **Simple Steps... Real Change** and **Simple Inspirations**, *Simply Inspirational* is one additional way to help support a positive lifestyle and to inspire you to reach for your dreams.

Simply Inspirational includes 27 beautiful photographs married with powerful messages to inspire and support you on this journey called life.

Those who come to be inspired eventually inspire.

\$1.99 E-book (PDF download)

E-book is available for sale through the **Simple Steps Real Change** website. Click [here](#) to purchase the book.

Individual photographs & posters are available for purchase.

Visit [Jack Maloney Photography](#) for more information and pricing.



Kenny Brixey

Coach, Radio Show Host, Inspirational Speaker,
Seminars, Team Building



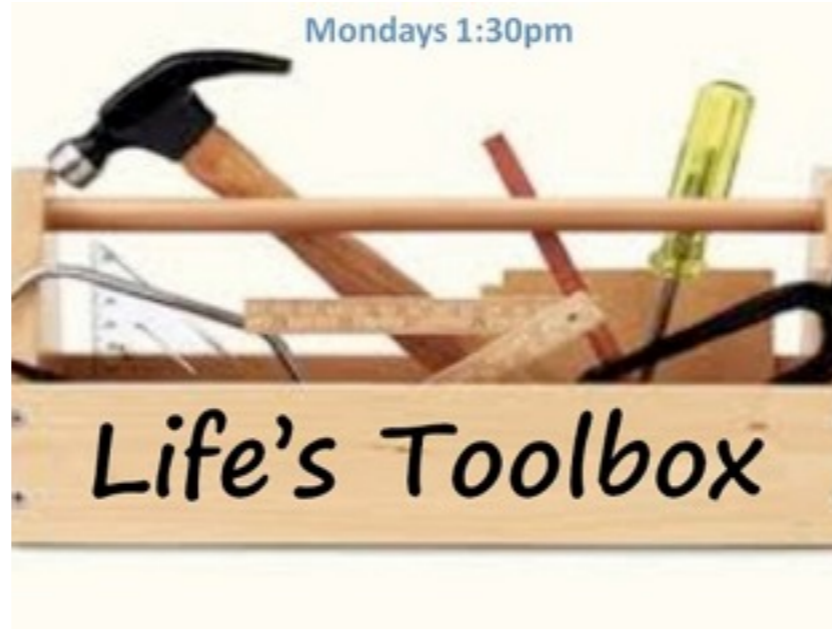
**No Excuses,
No Limits...
Just Results!**

Assisting clients in growth from good to great, mediocre to magnificent and okay to outstanding.

- Custom designed Team development program for groups of all sizes
- Life and business coaching

[Kenny On Empower Radio](#)

Mondays 1:30pm



[Available on Amazon.com](#)



Facebook:

[Life's Tool Box](#)

[Unlimited Reality](#)

[Let Go and Soar](#)

[Authentic Relationships](#)

Website:

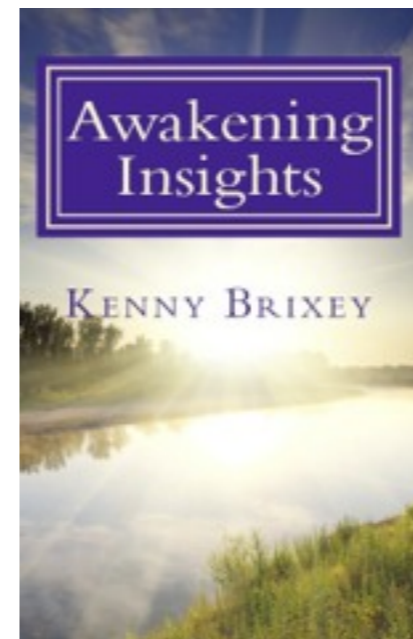
[Unlimited Reality](#)

Twitter: [KennyBrixey](#)

E-mail:

kenny@unlimitedreality.net

Telephone: 903.267.3238



Awakening Insights

[Available on Amazon.com](#)



You matter. The messages you hear every day matter. Feed your mind healthy and uplifting information by visiting us at [Empowerradio.com](http://www.empowerradio.com).

Brent Carey, CEO



The Empower Radio

[Android](#) and [iPhone](#) Apps are here!

Empower Radio is a refreshing change from mainstream media. Built on a professional radio platform, our hosts, guests, and listeners come together to create a community of personal growth and renewal. We are passionate about personal empowerment. Listen live at [Empowerradio.com](http://www.empowerradio.com) or on our brand new Empower Radio apps for iPhone and Android, via Tune-In Radio, and 6 other syndicated networks. Each show is also available on-demand on our website and podcast via iTunes.

Empower your healthy lifestyle with Empower Radio.

[Welcome to Blissville with Teri Williams](#)

Mondays at 12N ET/9am PT

[Creating Change with Doug Foresta](#)

Monday's 1pm ET

[Life's Tool Box with Kenny Brixey](#)

Coming January 21st.

[Out of the Fog with Karen Hager](#)

Tuesdays 12 noon ET

[The Attraction Factor](#)

Tuesday 2pm EST/11am PST

[Simple Steps Real Change with Cheryl Maloney](#)

Tuesdays at 8pm ET/5pm PT

[Art as Worship with Vanessa Lowry](#)

Wednesday 9am EST/6am PST

[Conscious Living with Wendy Garrett](#)

Wednesdays at 12N-2P ET/9-11am PT

[Journey to the Center with Tammi Baliszewski](#)

Thursdays at 2pm ET/11am PT

[Empowered Readings with Corbie Mitleid](#)

Thursdays 8pm ET/5pm PT

[The Farkas Files](#)

Thursday at 9pm ET/6pm PT

[Synchronicity with Marie Benard](#)

Thursday at 10pm ET/7pm PT

[The Dr. Pat Show](#)

Talk Radio to Thrive By!

Listen On-Demand

[The Cancer Warrior with Mel Majoros](#)

[Begin With Yes with Paul Boynton](#)

[Positive Now with Lisa Jesswein](#)

Alexander Vesely Filmmaker



Dr. Viktor Frankl, author of “Man’s Search for Meaning”: these words evoke a wide range of emotions in all those who have ever come in touch with the man or his work.

To purchase the film go to: [Viktor & I](#).



Vesely traveled around the world to interview former friends and colleagues of his world renowned grandfather. His aim was to get a personal view on Frankl, and discover how Frankl’s theories are connected to him as a person. The result of his efforts is a one hour documentary film that for the first time gives a unique and personal look at Viktor Frankl.

Austrian filmmaker Alexander Vesely shares his most personal film yet, charting the life of his eminent grandfather, Viktor Frankl.



Mary Cimiluca, Producer
CEO Noetic Films



E-mail: [Contact](#)

Telephone: 949-365-0555



Paul Boynton

Begin With Yes

Law of Attraction, Meet the Law of Action The Law of Attraction tells us that whatever we focus our attention on, consciously or not, we attract into our lives. Think happy thoughts, enjoy happy experiences.

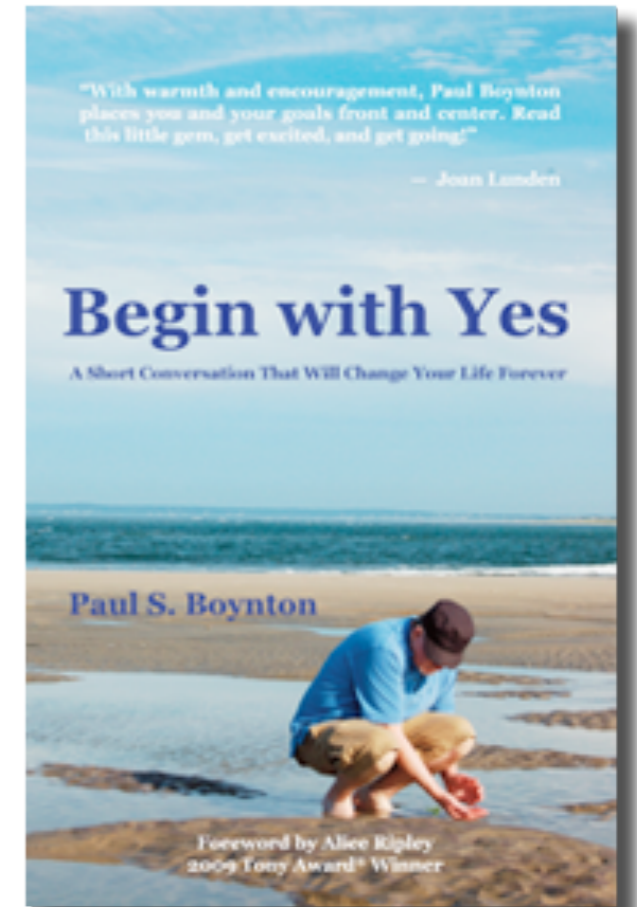
Listen to Paul live Monday's
5pm ET/2pm PT

[Empower Radio](#)



There's a wonderful bit of Chinese wisdom that asks,

"When is the best time to plant a tree?" The answer is "20 years ago" but the next best time is right now. If you're reading these words, I am convinced they were meant for you, and our timing is perfect.



Begin With Yes

by Paul Boynton

Available wherever books are sold.

Visit the [Begin With Yes website](#)
for more information.

Facebook: [Begin With Yes](#)

Twitter: [@BeginWithYes](#)

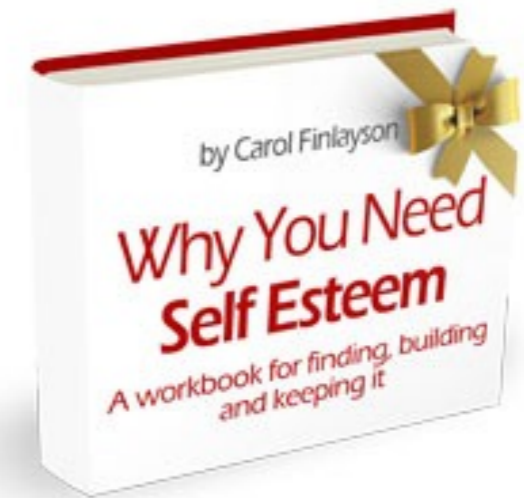
E-mail: beginwithyes@comcast.net



Carol Finlayson

Coaching

Author, Speaker Happiness Guru



“Carol Finlayson is a coach, confidante and creative catalyst, inspiring many people who want to get more out of their lives.”

Carol would love to talk with you if you are committed to change, open minded and willing to experience insights that will allow you to see the world with new eyes.

Carol is located in Scotland and has clients worldwide.

Website: [Carol Finlayson.com](http://CarolFinlayson.com)

Facebook: [Carol Finlayson Coaching](https://www.facebook.com/CarolFinlaysonCoaching)

Telephone: 07980176689

E-mail: carolfinlaysoncoaching@gmail.com

Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared. - Buddha

Carol offers creative mentoring if you have a project you`re stuck with, she sprinkles the glitter of love back into relationships, she offers comfort and love when people grieve or hurt and her clients say she makes them jump out of bed on a Monday looking forward to the week ahead.



Marilyn Hough, LFMT

Marilyn Hough

&

Chuck Schmitt

The Relationship Specialists



Chuck Schmitt, LFMT

The Relationship Specialists, Marilyn Hough and Chuck Schmitt, are inspirational teachers, authors and lecturers who share their knowledge and skills to empower others to live their best life. They have been working together for over twenty years. It is their belief that relationships are one of the greatest vehicles for personal growth. They believe that all people are divinely created beings with unlimited potential. Chuck and Marilyn are licensed Marriage and Family Therapists who offer in-person & telephone counseling, coaching programs, intensives, seminars & speaking services.

Website: [The Relationship Specialists](#)

Facebook: [The Relationship Specialists](#)

Telephone: 503648-4884

E-mail: [Contact us](#)

"We look forward to helping you transform the quality and experience of your life toward greater success and fulfillment."





Have you asked yourself - "am I really living?
What am I truly doing in my life this moment?"

I decided to start writing because I found I was not living PASSIONATELY.

Each moment counts as there may not be another one.

Come hand in hand with me on this journey.

Appreciate all you have and begin giving thanks.

Experience the JOY of living in your now.

EMBRACE your life with a POSITIVE purpose filled with great PASSION!

NAMASTE' ~ xo

Lovingly yours, G

*"It's time to start living the life
you've imagined"*

~ Henry James

Website: EmbracePositivePassion

Facebook: EmbracePositivePassion

Twitter: lovinglyyoursG





Alexa's Angels is a fashion-forward accessory company for people of all ages. Each piece is thoughtfully designed to inspire heartfelt emotions, create connections, and nurture a sense of well-being.

positivity®

Posi+ivi+y® is a meaningful collection of specially designed bracelets and T-shirts. These wearable reminders encourage positivity and remind us that “attitude is a choice and positivity is contagious!”



Posi+ivi+y Stretch Bracelets come in sets of three with a “pass it on” concept to keep one and pass on the others. Available in Black, Light Pink, Bright Green, Hot Pink, Red, Purple, Yellow, and Bright Blue.

Websites

[Alexa's Angels](#)

[Share Your Positivity](#)

Social Media

[Facebook](#)

[Twitter](#)

Contact information

Alexa's Angels 621 Innovation Circle, A-2 Windsor, CO 80550

E-mail: info@alexas-angels.com Telephone: 1-877-264-3576



Dr. Julie is a Contemporary Spiritual Teacher, Soul Care Practitioner, Counseling Psychologist, Consultant, Speaker and Coach. She brings an evolutionary approach to creating sustainable health, peace, guidance, and prosperity. Dr. Julie invites you to step into the fullest expression of your Divine Essence! Learn to cultivate soulful, conscious living, embody universal intelligence, ignite a heart-centered focus, and walk a path of peace.

Dr. Julie is called to facilitate global change by assisting individuals, groups, and organizations to create an evolutionary shift of consciousness. She shares a collective, illumined vision that is opening hearts, expanding awareness, connecting humanity, and transforming lives.

PHONE, SKYPE, OR FACE TO FACE SESSIONS
AVAILABLE

Julie K. Krull, Ph.D.

Soul Care Practitioner, Conscious Living Coach, and Author of the soon to be released Book: *Divinity Expressed ~ How the Power of Love is Healing and Transforming our World*



Office:

2303 13th Ave.,
Kearney, NE 68845

Telephone: 308-830-0296

Website: [Julie Krull](#)

Facebook: [Dr. Julie on Your Beautiful Mindful Life](#)

Twitter: [@JulieKrull](#)

Blog: [Present Moments with Dr. Julie](#)



Mention this ad and get 25% off our next 12-week session of

Embodying Christ Consciousness:

**Seven Evolutionary Shifts into Sustainable Health,
Peace, Love and Prosperity**

<http://www.ExpressYourDivinity.com>



be a **Leading Lady**
change your choices
change your life

Be the kind of woman that makes other women want to be you.

- Topaz



**everything
in your life
begins with
ONE THOUGHT**
change your thoughts, change your life

- Topaz

Be a Leading Lady

Website: [Be a Leading Lady](#)

Facebook: [Be a Leading Lady](#)

Twitter: [@BeaLeadingLady](#)

*Believe in
the Magic
of
Ordinary
Days*

Finding the...

Extraordinary in the Ordinary

Website: [Extraordinary in the Ordinary](#)

Facebook: [Extraordinary in the Ordinary](#)

Twitter: [Extraordinary in the Ordinary](#)

Simply Topaz

art

life

inspiration

the *possibilities* are endless



Be Inspired to Create

Website: [Simply Topaz](#)

Facebook: [Simply Topaz](#)

Twitter: [@Simplytopaz](#)



wonderfully made
FINE ART

Inspirational

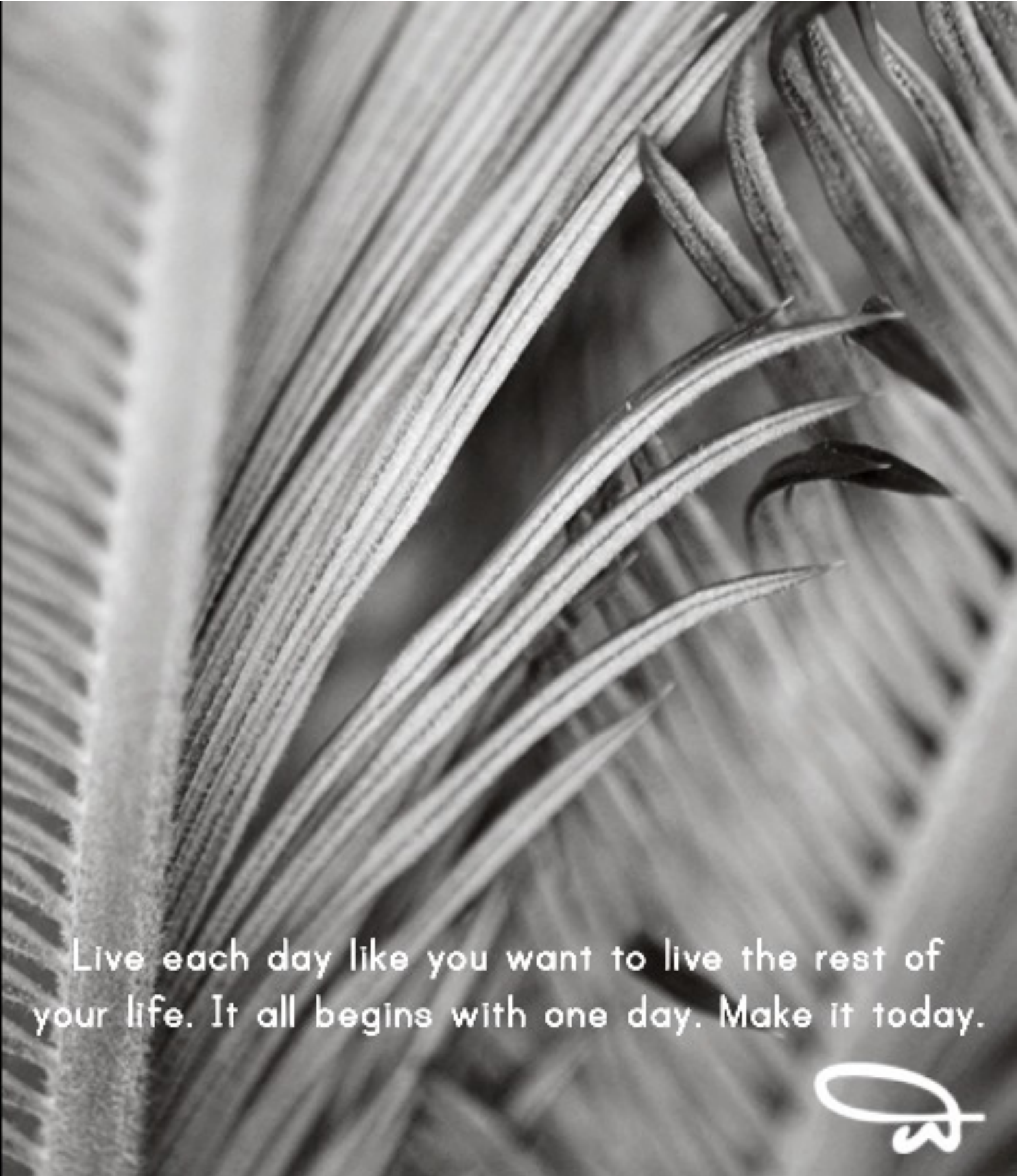
Art

Make Your Home a
Place of Inspiration

Website: [Wonderfully Made Fine Art](#)

Facebook: [Wonderfully Made Fine Art](#)

Twitter: [Wonderfully Made Fine Art](#)



Live each day like you want to live the rest of
your life. It all begins with one day. Make it today.



DivineLove



DivineLove is... to accept & cherish who you truly are and respect that which you are in all that you do for yourself and others. In oneness always know that you are me & I am you connected unconditionally by **DivineLove**.

Healthy Minds Conquer Unhealthy Matters

A page that has something for your mind, body and spirit. Get daily positive messages and info for a healthier you.



Soul Sister Circle

Our "Circle" was created to inspire and uplift each other as we THINK, TALK & DREAM BIG together riding the radio waves to reach many!



No Longer Relevant

Surviving the "in-between years."
Too old for dance clubs, old enough for AARP, but too young to qualify for senior housing.



Positivity Nation

The mission of Positivity Nation™ is to inspire people around the globe to make positive action a daily habit. The major vehicle for this message is our facebook page. The community we've built represents thousands of people from over 100 countries spanning 6 continents. If you are interested in making a difference and would appreciate daily inspiration and thought provoking content, please consider liking our page and joining the international positivity movement!

Facebook: [Positivity Nation](#)



Positivity Lady

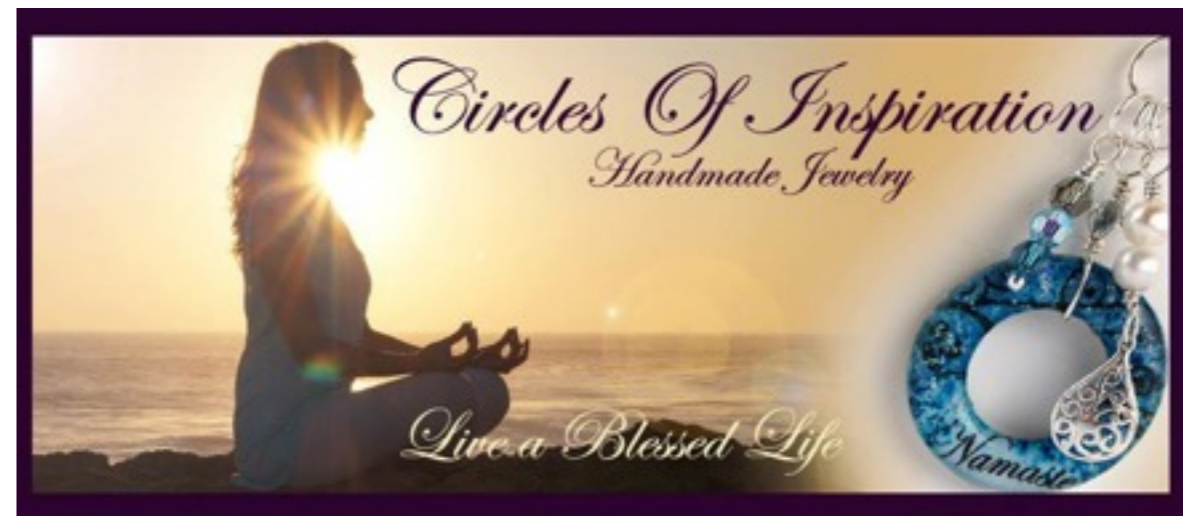
Positivity Lady (aka Lanette Pottle) is the founder of Positivity Nation™ & Positivity Lady Enterprises. She's an enthusiastic difference maker, consultant, speaker, & trainer extraordinaire! This page provides thought provoking quotes, articles, and conversation to encourage, uplift, & inspire.

Learn more about the work of Positivity Lady along with contests & giveaways at www.PositivityLady.com and on Facebook: [Positivity Lady](#)



[Simple Steps Real Change on Itunes](#)

[Circle of Inspiration by Anna Pereira](#)



Facebook Pages

Click on the title to explore further!



Positive People

The power of Love is 5,000 times stronger than the power of thought. As we Connect our thoughts with the power of Love we manifest our desired life!

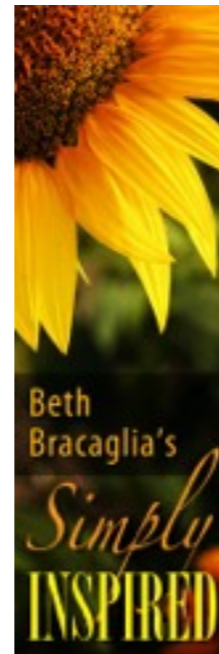
Henna Wings



There are only two lasting bequests we can hope to give our children. One of these is roots, the other, wings." - Hodding Carter ► Henna Wings ~ Inspirations in Various Mediums ◀

Beth Bracaglia's Simply Inspired

A positive page with quotes, pictures & videos to inspire, motivate, and get you organized while keeping it simple.



Flourishing Life Society

This society is designed as a resource to face some of life's difficult challenges and live to the fullest.



Exceptional Living

Motivational and Informative Posts, Links, Articles, Videos, Sayings, Quotes and Pictures that all point to living an exceptional lifestyle.



Buttons for Believers

With daily inspiration, laughter and love...our mission is be there supporting those touched by Cancer in any way we can and in reality, that is each one of us.

Alanna aka The Dog Buddha



The Dog Buddha is where my heart and passions are. Dogs and animals go hand in hand in connecting people together on their journey of life. I write a weekly inspirational and informational blog about the joy of dogs.

Website: [Chasin Pets](#)

Facebook: [Alanna Chasin, aka The Dog Buddha](#)

There Is A Way



About There Is A Way: Created to give inspiration, to ask life's questions, to provide answers & ideas... to make others smile & to add a little more happiness to the world...

Our mission is: To encourage 'outside-the-box' thinking... to inspire... to motivate... to give hope... to give ideas...



Website: [There Is A Way](#)

Facebook: [There Is A Way](#)

Twitter: [@ThereIsAWayLLC](#)



Gizelle Alexander

Life Coach, Writing
Consultant

& Workshop Facilitator

As a life coach, I introduce my clients to stream of consciousness writing, the art of the journal, meditation and much more.

Don't let fear and confusion stop you from being your best self. Reach out. I am here to help you become who you were meant to be.

"Your playing small does not serve the world. There's nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine."

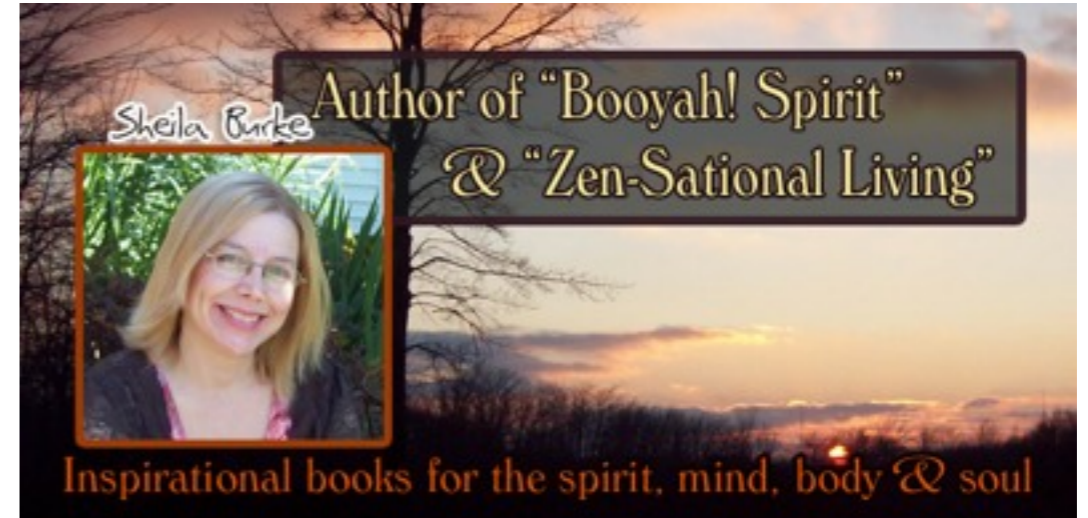
~ Marianne Williamson

Website: GizelleAlexander.com

Facebook: [Gizelle.Alexander](https://www.facebook.com/Gizelle.Alexander)

Twitter: [@GizelleWrites](https://twitter.com/GizelleWrites)

SHEILA BURKE



Sheila Burke inspirational author of BOOYAH! SPIRIT and ZEN-SATIONAL LIVING writes about the personal journey we all eventually embark on and provides inspiration for the body, mind, spirit, and soul.

Website: [Zensational Living](http://ZensationalLiving.com) Facebook: [BeZensational](https://www.facebook.com/BeZensational)

Sharing the Dance of Life



Bringing workshops, seminars, and life-coaching to teens, women, dance educators and aspiring performing artists. We focus on developing confidence, self-esteem, goal setting and positive self-talk as well as finding more balance, joy and fun in your everyday DANCE OF LIFE.

REV. CORBIE MITLEID

FIRE THROUGH SPIRIT



Contact Corbie
Telephone: 518-275-9575 / 877-321-CORBIE
PO Box 297, Warnerville NY 12187-0297
E-mail: Corbie

*CROSS THE BRIDGE from fear to
fearlessness -- and fly!*



Corbie Mitleid has been on the mystic's path for 40 years -- meeting challenges, always questioning, leading the "examined life." It's proved to her an essential Cosmic Truth: God gives all of us what we need for a life filled with miracles and joy. When our hearts are open, whole, and aligned with Source, anything is possible. A Certified Professional Tarot Reader, trained medium and ordained minister, she is featured in Robert Schwartz's breakthrough series YOUR SOUL'S PLAN and YOUR SOUL'S GIFT. Corbie's abilities include spiritual/intuitive counseling, past life retrieval and analysis, mediumship, and spirit guide conferences (including speaking with one's Higher Self).

Websites: [Fire Through Spirit](#)

[White Raven Webinars](#)

Twitter: [@CorbieMitleid](#)

Facebook: [Fire Through Spirit](#)

Featured in YOUR SOUL'S PLAN and the new volume, YOUR SOUL'S GIFT (coming in Spring 2012!) by Robert Schwartz

[Your Soul's Plan](#)

360 degrees of inspiration (full circle)



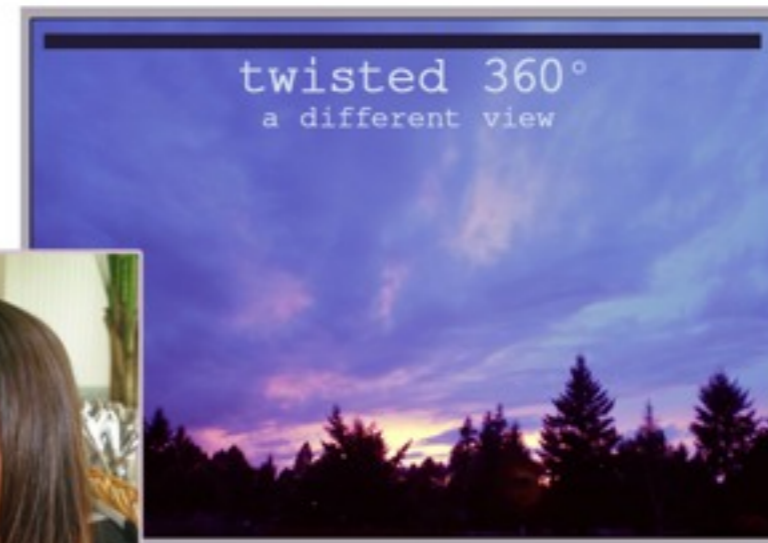
Full up to empty, Empty to full. When the simplicity of grace comes in through the silence of the heart center, words dissolve... And the energy of the quiet is all that there is...

e-mail: Debbie Lynn

Facebook:

[360 degrees of inspiration \(full circle\)](#)

[twisted 360](#)



debbie lynn
artist, designer, writer

THE 50 RULES OF LIFE

Eric Sanford, PhD

MORE GREAT BOOKS THAT DOCTOR FUN HAS NOT YET WRITTEN

Doc Fun's Rules of Love
Doc Fun's Rules of Business
Doc Fun's Rules of Growing Up
Doc Fun's Rules of Parenting
Doc Fun's Rules of Writing Rule Books



You can also order your own custom Fifty Rules of Life books using your own photos and personal dedication. Visit www.fiftyrules.com for details.

50 Rules of Life

By ERIC SANFORD

THE 50 RULES OF LIFE IS A BOOK THAT SPEAKS TO THE FOUNDATION, INTEGRITY, AND THE LIGHTER SIDE OF LIVING.

SIMPLE BASIC PRINCIPALS (SOMETIMES FORGOTTEN) ARE TO INSPIRE AND CELEBRATE A JOB WELL DONE. NOT JUST IN THE WORK ENVIRONMENT, BUT DAY TO DAY ACTIVITIES AS WELL.

WHY NOT GIVE A GIFT OF APPRECIATION THAT CAN BE USED OVER AND OVER AGAIN.

THE 50 RULES OF LIFE ARE A CONSTANT REMINDER THAT LIFE IS A JOY, WORK IS REWARDING, AND GOOD ETHICS ARE FILLED WITH LAUGHTER.

CUSTOMIZE AND INCORPORATE YOUR FAMILY,
OR YOUR

COMPANY PROFILE, AND PHOTOS.

A PERFECT GIFT FOR EMPLOYEES AND CLIENTS

ERIC SANFORD

Website

www.FiftyRules.com

Mel Majoros - The Cancer Warrior



Mel has been sharing her battle with breast cancer for 3 years now on what **blognation** calls "one of the most acclaimed breast cancer blogs around." "Mel has been featured in magazines such as Martha Stewart's Body and Soul Magazine, has been named one of The Chicago Tribune/ LA Times Voices of Hope for 2010 and is a featured survivor on the PBS Series A Wider World."

Mel takes her advocacy and inspiring outlook a step farther with her weekly show on Empower Radio.

Blog: [The Cancer Warrior](#)

Empower Radio: [The Cancer Warrior](#)

Facebook: [The Cancer Warrior](#)

The purpose of The Cancer Warrior is to bring a positive attitude, and athletes mentality to cancer. Hockey is my game and when life knocks you down, just like on the ice, you don't just sit there while the game is going on, you get up and keep skating.



Diagnosed with invasive ductal carcinoma breast cancer on 9/18/07. Lumpectomy on 10/09/07 2 days after 38th birthday. Happy freakin birthday to me. I play hockey and when I am not watching or playing I am advocating, speaking and informing people about cancer.



As the Chief Visionary Officer and Bliss Ambassador at The Bliss Network, Teri Williams is the Goddess of Bliss! She is dedicated to helping people live more joyful, vibrant lives. Through her workshops “The Blissness Plan” and “A Blissful Woman” she shares timeless tools that connect you to your own creative essence, celebrating your inner joy. Teri is an author, producer, radio host, publisher, philanthropist, social media consultant, shamanic practitioner, and minister. She’s also a great mom, wife, sister, friend and, of course, a Blissful Woman. Her high energy and uplifting spirit is contagious, catch it today!

Do you have a Blissness Plan?

Teri Williams

Chief Visionary Officer and Bliss Ambassador Author, Radio

Website: [The Bliss Network](#)

Facebook: [Teri Williams](#)

Twitter: [@theblisslady](#)

Empower Radio: [Welcome To Blissville](#)

E-mail: [Teri Williams](#)



“What we focus on multiplies - focus on bliss!”



Running from Hell with El

by El Phoenix Farris



Welcome to Running from Hell with El.

I am El Phoenix Farris, a writer, ex-lawyer, individualist and happily married mother of three.

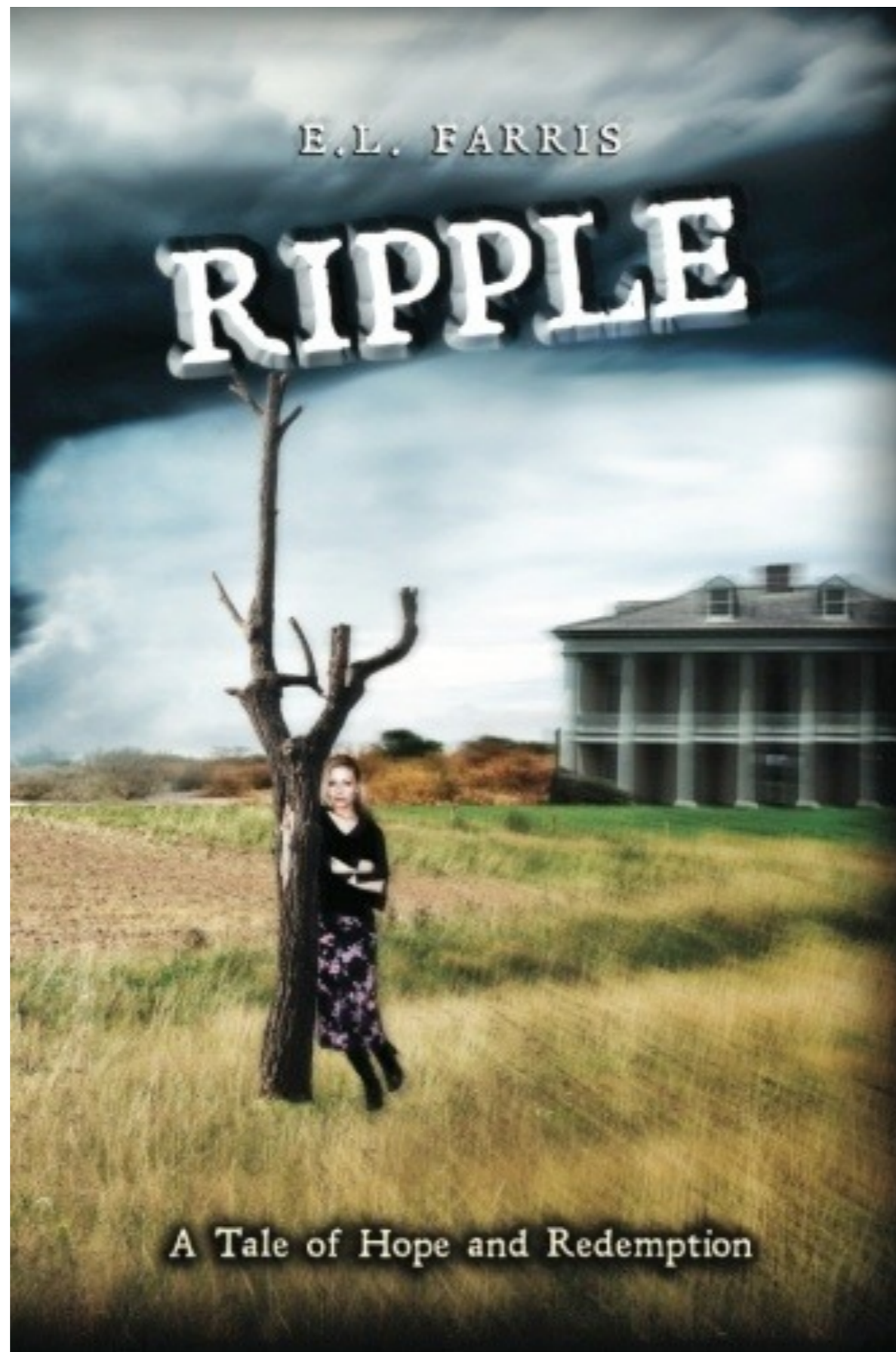
My essence is captured by the mythical Phoenix, who rose from the ashes and was reborn. I have walked a difficult path to get here but the future has never looked brighter.

Running from Hell with El is about finding our way out of the darkness. I am on a journey and it has been a long ride, a tough battle at times, but with love in my heart, and a smile on my face, I write about healing.

Website: [Running from Hell with El](#)

Facebook: [Running from Hell with El](#)

E-mail: [El](#)



New from
E.L. Farris!
Coming soon to
bookstores
everywhere!

Read about El
and *Ripple* on
[Goodreads](#)



LOVE WITHOUT EXPECTATIONS...

Loving without expectations changes everything. It means you love with no strings attached. It means that you just love.

If we love like this then I believe we can definitely change our world, the currency that turns our worlds is LOVE!

It makes loving easier because you are doing it just to love, not to get anything!

The love we need is the love that nurtures us forward...

Love on..

*I am like a little pencil in
God's hand.*

*He does the writing.
The pencil has nothing to
do with it.*

~Mother Teresa~



Cam Richmond

E-mail: [Cam](#)



LIGHT FOR LIFE

Real, positive, inspirational and encouraging. I write about what I learn in life and my journey's revelations.

We learn from people's real lives, not just the pretty stuff, I share the realities of life and the hope that will get us through.

I love being a part of people's lives, sharing with them, seeing them grow, get stronger, being healed and changed.

My main philosophy in life is
ENCOURAGEMENT!



Patricia Love is your Life's Cheerleader
Author – Life Coach – Speaker



Members receive:

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Join Patricia Love, “Life’s Cheerleader” as she brings Smiles and Rainbows to your world...Understand how a “Positive Attitude” can change your life, and give you strength...so you can become your own “Cheerleader”!

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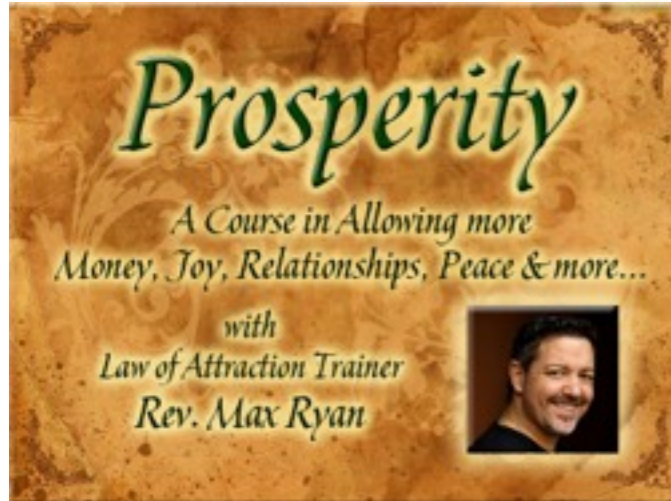
Facebook Page: [Smile & Rainbows with Patricia Love](#)

WorkxCity: [Positive Ways with Patricia Love](#)

E-mail: [Patricia Love](#)

Telephone: 425-445-0507

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Unthinkably Good Things Can Happen...



www.MaxRyan.net

Keeping It Simple

My mission as an Authenticity Coach and motivational speaker is to enrich the lives of women. Knowing that in today's world women are seeking better ways to manage the stresses of everyday life, my goal is to provide simple solutions to help uncomplicate our lives. I am committed to helping you rediscover yourself and find inner clarity in a world filled with complication. Contact me and allow me to guide you on your journey.



Website: [Jayne DeRouin](#) Facebook: [Keeping It Simple](#)

E-mail: [Jayne DeRouin](#)



Live well. Laugh often. Love more.

Life...just when I think I have it figured out, I realize that I actually don't. Welcome! Let's share, learn, grow, celebrate, encourage, support, laugh, love & live!

FACEBOOK: [Live well. Laugh often. Love more.](#)



With inspirational quotes and more this page helps people, inspires them to think in new, positive ways and helps them see themselves as well as others in a new light.

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Daily doses of love and inspiration to keep your spirits up or get you through what you are going through.

Beautiful inspirational photography and sayings from the heart.

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An amazing page filled with sunshine and love. Come and feel the warm positive energy which lifts your spirits and touches your heart.

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SOUL Sister Circle



Soul Sister Circle is an evolutionary community that creates a sacred place to talk "Big Talk"--REAL conversation created through our Radio Show and social media groups. The Circle is constantly growing as more and more Soul Sisters join in the party of celebrating each Sisters unique authenticity while learning from each others stories! Why journey alone when you can join the Soul Sister Circle and share your experiences as we Dream, Inspire & Awaken together!



Are you reinventing yourself and looking for some real conversation to help you along?
Are you tired of small talk and are seeking like-minded people to talk to?
Are you looking for a place where you can be free to be YOU?
Well, **Soul Sister Circle** IS that place!

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Sherryl Frauenglass is an Awakening Coach, Visionary Entrepreneur, Author, and Inspirational Speaker, who loves to co-create at the leading edge of change. Sherryl assists people with change-the-world missions, to connect with their True Voice and then effectively transmit their message out to the world. She offers live and virtual workshops, one-on-one coaching and mentoring to those who are ready to step up and live their purpose.

In addition to her work with entrepreneurs, Sherryl also has a deep passion for assisting those who love an out-of-the-box, tree shaking, freedom-seeking teen or adult. Through her compassionate heart, personal experience and spiritual perspective, she helps her clients come to a place of peace and understanding of their loved one's journey.

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Redefining Normal by Sherryl Frauenglass

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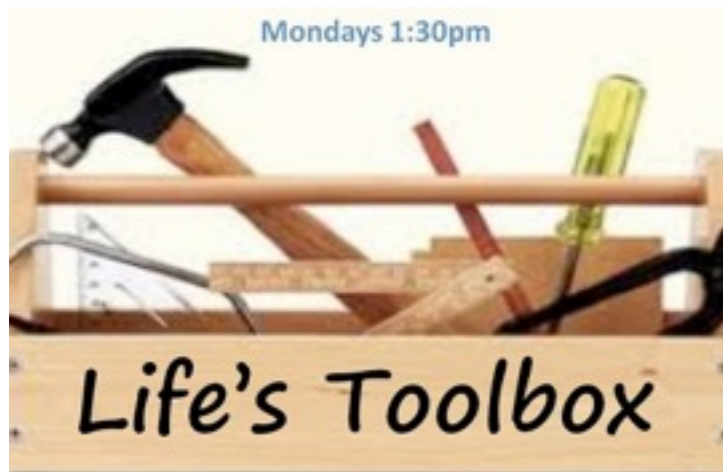
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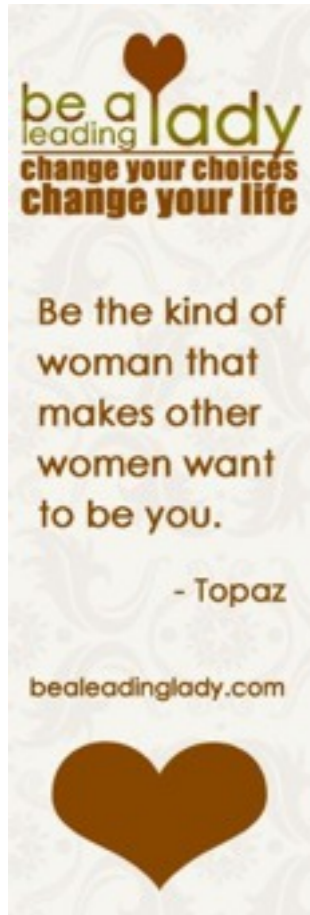


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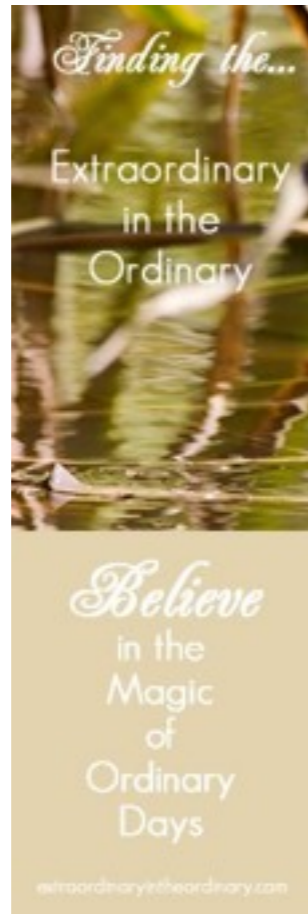
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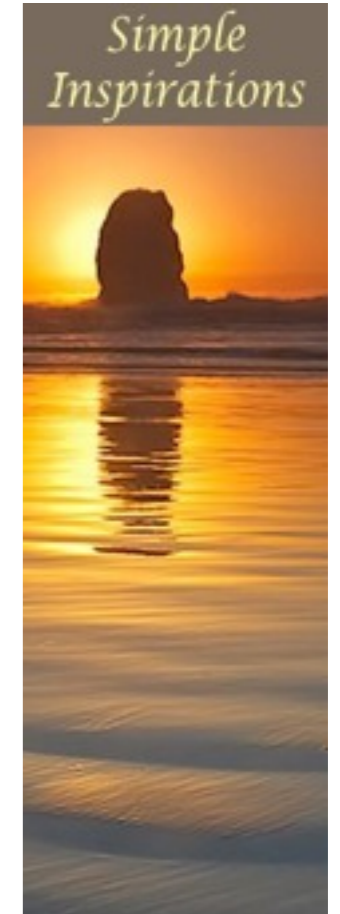
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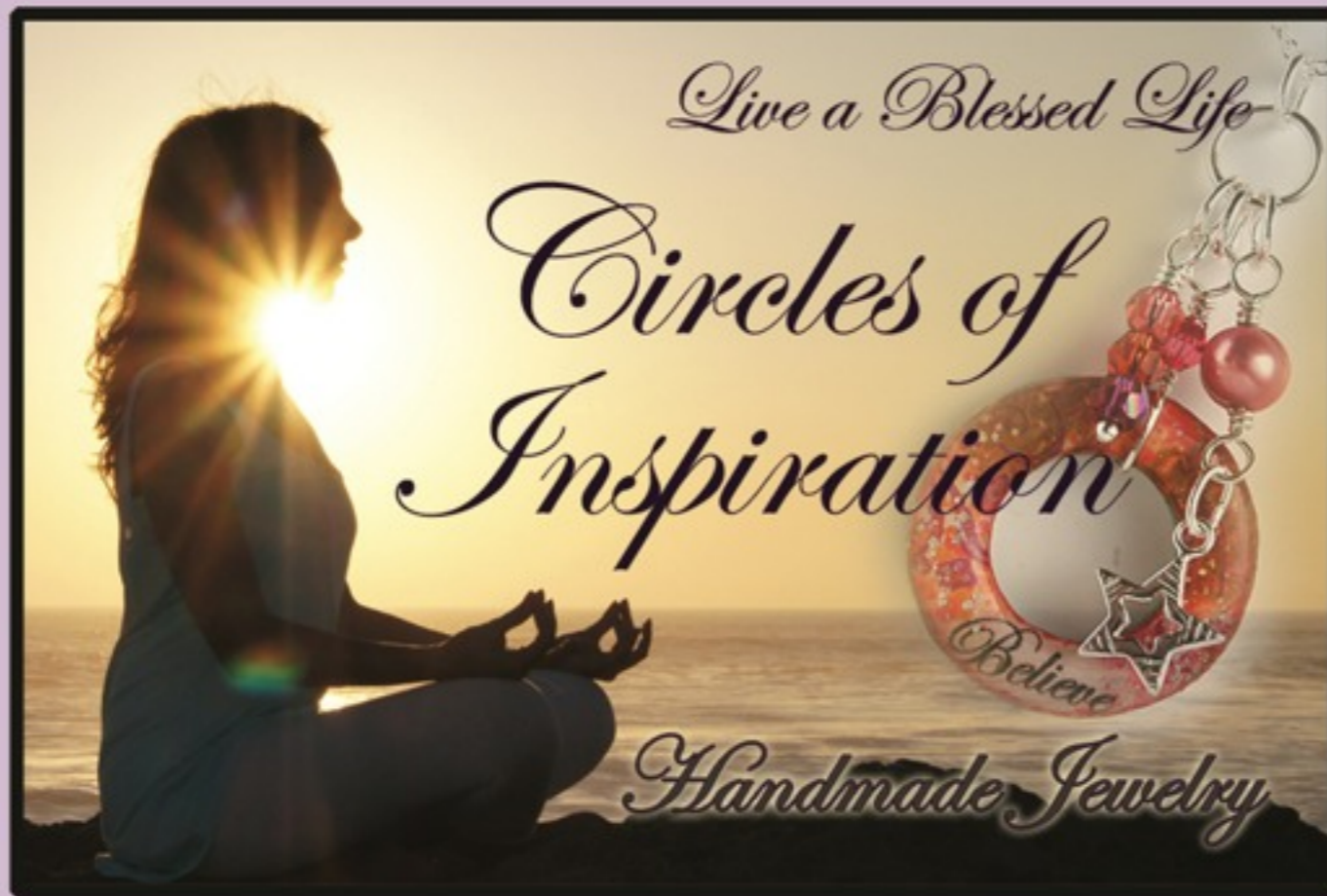


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Website: www.AnnaPereiraDesigns.com

Blogs: www.AnnaPereira.com and www.BlessingsGoRound.wordpress.com

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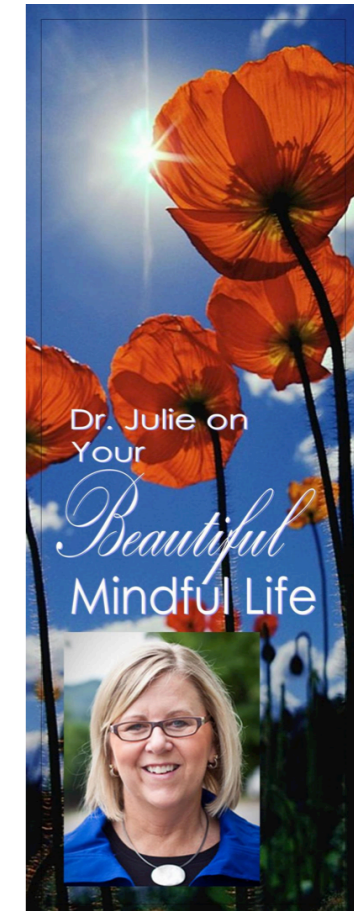
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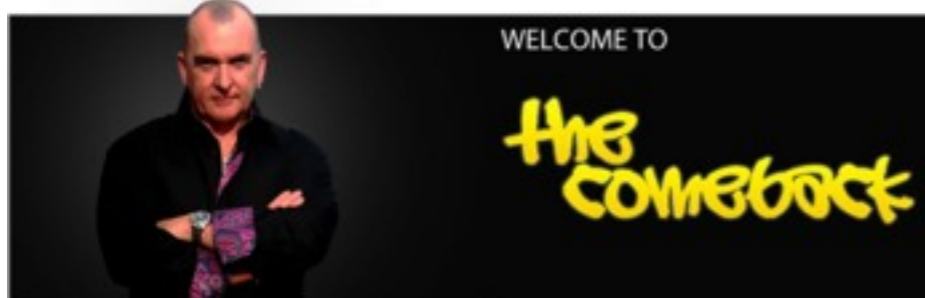
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your

TRUE VOICE!

Sherryl Frauenglass

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and integrated channel.*

*Sherryl is passionate
about assisting others to
remember who they are,
expand their vision of
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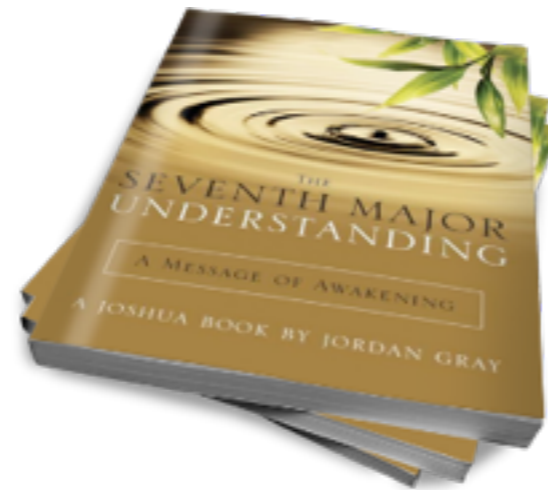


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"Products to help you befriend
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Voice of the Soul provides a variety of products to help you get in touch with your higher self, your spiritual self, your intuition, so you can receive the best **self-guidance** possible. For centuries we have looked outside ourselves to various authority figures for advice, but now is the time for you to develop your own guidance system.

We have our primary product, Voice of the Soul deck of message cards and book with a simple alignment technique, but we are adding new products on a regular basis. We also have a weekly blog and Facebook page.

Please visit our web page to learn more about the author and sign up for our blog for weekly messages! It is a place for safe growth.



The Voice of the Soul Message Cards Set includes a beautifully illustrated book that guides you through a simple alignment/meditation technique that is easy to do even if you have never meditated. The set also includes a set of 32 message cards with more explanation about each card in the book. After you do the alignment technique, you are encouraged to draw a card, either in answer to a question or just for the day. The cards cover most any situation you might ask about. There really aren't any BAD cards, but some might ask you to use caution while others might tell you to go full speed ahead...in your own words that is! The words and images come from two different sources, the I-Ching and images from the natural world we live in such as animals like the Turtle or Owl, images like a sunset or sunrise.

In ancient times, people consulted an oracle to interpret symbols they received. The point of this book and these cards is to teach you that YOU are your own best oracle. There is guidance in the book, but ultimately you are the one who decides what each card and each symbol means to you.

5.5" x 8.5" book with 92 color pages, 32 color message cards, and pouches complete the set, \$29.95
Please note the newest edition book is now perfect bound and the journal pages are much more colorful!

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Website: [Voice of the Soul](http://www.voiceofthesoul.com) **Facebook:** [Voice of the Soul: Robbie Adkins](https://www.facebook.com/VoiceoftheSoul)

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Email: Robbie@AdkinsConsult.com



Upgrading your Soul System Software - a guided journal to help you become more self aware of your daily activities and the effect they have on you. We can't go order up a new operating system for ourselves to cope with all the change that is happening in our world, but by taking note of our activities and intentions, we can modify our operating system...our reaction to conditions as they change around us.

102 color pages, 5.5" x 8.5", \$19.98



Water Whisperers Kit - 24 positive words on non-toxic paper and ink that dissolve in water. This allows you to "bless" the water with that word, and that blessing reflects back on to your own body since

we are at least 70% water ourselves. Based on the work of Dr. Emoto, there is also a booklet with links to his work and other resources. To be used in your bath our outdoor streams/ponds/rivers/etc. Not to be used in drinking water.

24 papers, booklet, and paper pouch, \$17.98



Every Day is a Gem Jewelry is designed to remind us when we wear it that there is something about every single day that is a gem. There is ALWAYS at least one thing to be thankful for, and remembering to notice that every day helps us to uplift our spirits, our vibrational energy level. Seven semi precious gems stones are individually selected by Robbie and strung between pearls, either gray or white, and fashioned into a necklace or bracelet, and finished with our trademark sun face. Each set is unique in the selection of gems. Matching earrings are available too of course!

Necklace, 7 gems and gray or white pearls \$59.95

Bracelet, 7 gems and gray or white pearls \$36.00

Earrings, gray or white pearls, 1 gem each earring, \$21.98

Buy 2 items and receive a 10% discount. 3 items earns a 15% discount, and 4 or more items earns a whopping 25% discount on the whole order!

Are You Ready to Make \$ Work for You?

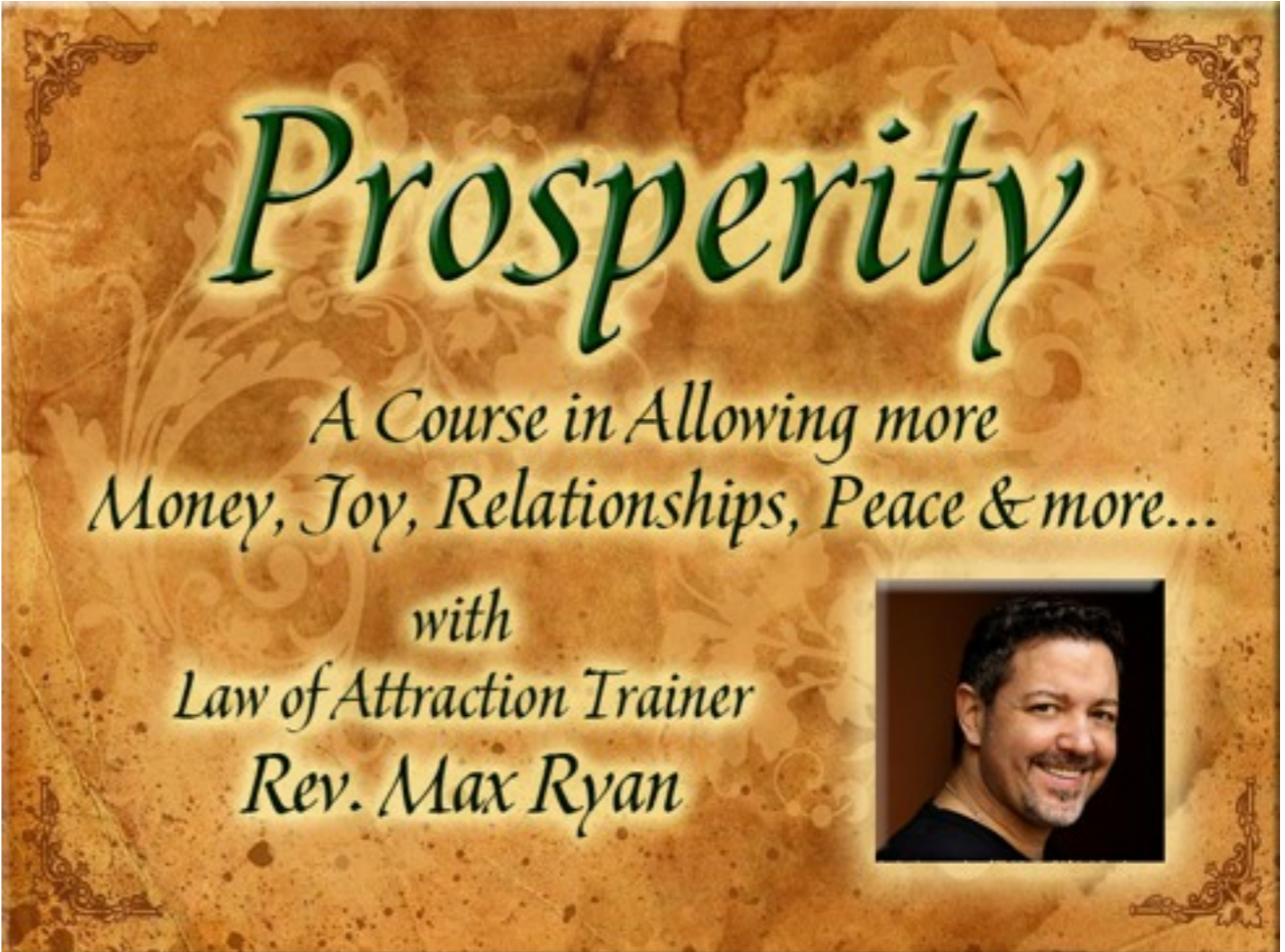
Do You Want to be More Prosperous?

Are You Done Living in Lack?

Welcome to a course that will change your perceptions about Money, Abundance and open you up to true Prosperity and having what you only dream of!

One of the most important areas for us to look at and to heal is around Prosperity & Abundance. As we grow and want to really live the lives that we dream of, we have to clean up any negative vibrations that we have around Prosperity and Abundance.

Join International Coach & Trainer, Max Ryan as he helps and guides you to finally gain clarity around \$ and move forward in your life in this 4 week course.

A promotional graphic for a course titled "Prosperity". The background is a textured, aged parchment paper with decorative corner flourishes. The word "Prosperity" is written in a large, elegant, green cursive font at the top. Below it, in a smaller, black cursive font, is the subtitle "A Course in Allowing more Money, Joy, Relationships, Peace & more...". Further down, it says "with Law of Attraction Trainer Rev. Max Ryan" in a black cursive font. To the right of this text is a small, square portrait of a man with dark hair and a goatee, smiling. The overall design is warm and inviting.

www.MaxRyan.net

Unthinkably Good Things Can Happen...

Jordan Gray

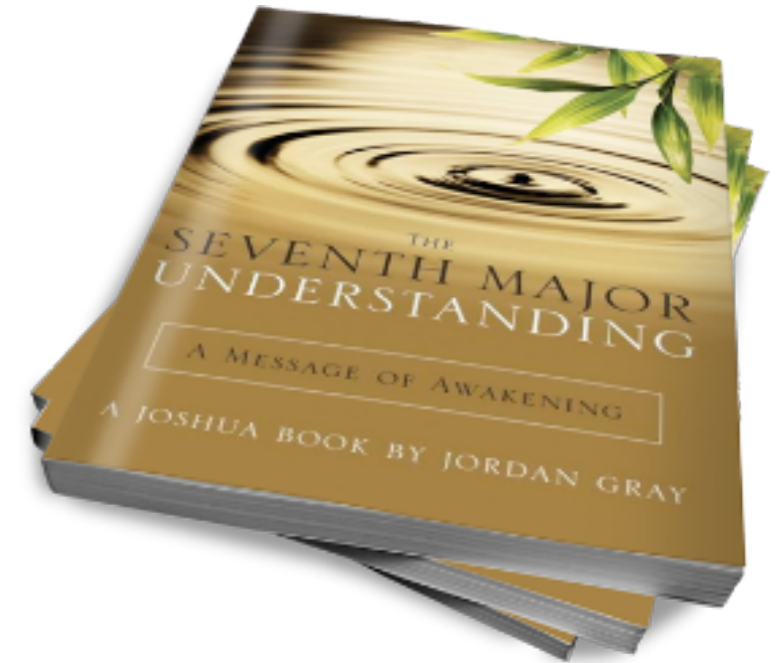
The Seventh Major Understanding



Are you finished harshly judging your ego? Do you accept that you are here now? If so, you are ready for peaceful oneness. You are ready to embrace The Seventh Major Understanding.

If you are weary of being told that our “mind-based ego consciousness” robs us of life, you are one of the teachers, healers and leaders of a new golden age. We grow beyond limiting beliefs of Eastern and Western religious dogma to embrace oneness.

Joshua, a non-corporeal being, is the source of The Seventh Major Understanding. He helps us see that oneness is our path into an age of peace, love and abundance for all. In The Seventh Major Understanding Joshua offers steps that lead us forward. Change leaders of our time shine a light on awareness to dissolve our habits of separation. If this journey speaks to you, this is your book.



The *Seventh Major Understanding* is available through [Amazon](#) & book sellers everywhere.

Learn more about *The Seventh Major Understanding* at: www.7thMajorUnderstanding.com

Connect with me, Jordan Gray, on Facebook www.facebook.com/jdgspeaks

Read our Blog and hear more of *The Seventh Major Understanding* at: www.7thMajorUnderstanding.com/blog

Be Part of Simple Resources

Who Can Participate?

Any business, service or Facebook page providing positive inspirational messages, products or services. Each request to participate is screened for appropriateness with our vision.

Are You Endorsing Me? No. We do not recommend any product, service or page.

What Does It Cost?

Annual 2013 rates include publication 4 times/year. Ads appear every quarter, for 4 quarters, regardless of when you start. Once your ad appears in print the fee is non-refundable. Ads withdrawn less than 15 days prior to the scheduled publication date are subject to a 50% cancellation fee.

- **Full Page** \$75. Set up fee \$22.50 (Non-refundable.) Full page ads include a FB size ad (1/6th page) in addition for free.
- **Half Page** \$45. Set up fee \$14.50. (Non-refundable.)
- **Quarter Page** \$30. Set up fee \$10.50. (Non-refundable.)
- **Facebook only (1/6 page)** \$10. (No set up fee)

You will be invoiced through PayPal. Payment is due within 10 days of receipt. Ads will not appear unless payment has been received.

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You have to agree to distribute **Simple Resources** quarterly within 30 days of the issue date and in the manner you normally update your customers, friends & distribution list. You must submit proof of distribution with link/s and/or a copy of the e-mail sent to your distribution list. Failure to distribute Simple Resources as required will result in removal from the next issue. There are no refunds once your ad has appeared in any issue.

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Send a request using this [link](#) or e-mail to Cheryl@SimpleStepsRealChange.com

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Copy and paste the links to access each participant's information.

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360 degrees of inspiration (full circle)	Debbie Lynn	http://360degreesproject.blogspot.com/	www.facebook.com/360degreesofinspiration	N/A
Alanna Chasin The Dog Buddha	Alanna Chasin	http://chasinpets.com/	www.facebook.com/pages/Alanna-Chasin-aka-The-Dog-Buddha/132978326743107?sk=wall	N/A
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Julie K. Krull, Ph.D.	Julie K. Krull	http://www.juliekrull.com/	www.facebook.com/Dr.JulieonYourBeautifulMindfullife	https://twitter.com/#!/JulieKrull

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The 50 Rules of Life	Eric Sanford	http://fiftyrules.com/	N/A	N/A
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True Voice Communications	Sherryl Frauenglass	http://www.truevoicecommunications.com/	www.facebook.com/AWomansTrueVoice	https://twitter.com/1truevoice
twisted 360	Debbie Lynn	N/A	www.facebook.com/twistedthreesixty	N/A
Unlimited Reality	Kenny Brixey	http://www.unlimitedreality.net/	www.facebook.com/unlimitedreality	https://twitter.com/#!/kennybrixey
Viktor & I Movie	Mary Cimiluca	http://www.viktorandimovie.com/	www.facebook.com/viktorfranklmovie	N/A

Participant	Owner	Website	Facebook	Twitter
Voice of the Soul	Robbie Adkins	http://voiceofsoul.org	https://www.facebook.com/pages/Voice-of-the-Soul-Robbie-Adkins/339202969453097	N/A
White Raven Webinars	Rev. Corbie Mitleid	http://whiteravenwebinars.com/	N/A	N/A
Wonderfully Made Fine Art	Topaz	http://wonderfullymadefineart.com/	www.facebook.com/wonderfullymadefineart	https://twitter.com/#!/wmfineartprints
Zensational Living	Sheila Burke	http://www.zensationalliving.com/	www.facebook.com/BeZensational	N/A